



**Carson City Gastroenterology**  
**Carson Endoscopy Center**  
1385 Vista Lane, Carson City, NV 89703  
(775) 884-4567



Patient Name: \_\_\_\_\_

Appointment Date: \_\_\_\_\_

Check-In Time: \_\_\_\_\_

Appointment Time: \_\_\_\_\_

## **EGD PREPARATION**

Your provider has decided that an esophagogastroduodenoscopy (EGD) examination is necessary to evaluate your upper digestive tract. To achieve a thorough examination, it is required that your stomach be empty. Food particles inside your stomach can hide important conditions that may be present.

**Please read the following instructions carefully at least one (1) week prior to your procedure.**

### **Important**

- **The day of your procedure, do not consume ANY solid food or drink any clear liquids three (3) hours prior to your procedure.**
- **No chewing gum or tobacco chew are allowed the day of your procedure.**
- **If any of these items are consumed within three (3) hours of your procedure, your procedure may be cancelled.**

### **Special Considerations:**

Please contact our office immediately if you have any of the following medical conditions and have not discussed them with us:

- If you take any medications that prevent your blood from clotting
  - Such as Coumadin (Warfarin, Jantoven), Plavix, Pradaxa, Effient, Xarelto (Rivaroxaban)
- History of excessive bleeding during previous surgery or dental extraction

### **GENERAL INFORMATION:**



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**Please comply with the following instructions listed below:**

- 1. Bring all completed forms from your packet.**
- 2. YOU WILL NEED A RESPONSIBLE DRIVER TO TAKE YOU HOME.** Due to the sedation given for your procedure, you cannot drive for the remainder of the day.
  - If you choose to take a taxi, UBER, Lyft or other ride service, you **MUST** still be accompanied by a responsible adult.
- Bring in your insurance cards and a photo ID, such as a Driver's License so that we may assist you in billing our services.
  - **All co-pays, co-insurances and deductibles are due at the time of service.**
  - **Please be prepared to pay these fees on the day of your procedure.**
- Leave all jewelry and personal valuables at home.
- Bring any reading glasses and/or hearing aids to your procedure.
- 6. Bring your inhalers if you use them.**
- 7. Contact Information:** If you are coming from out of town or staying at a place other than your main residence, please call our office and leave a number where you will be staying in case we need to contact you.

**If you have any questions regarding your procedure or these instructions, please contact our office at (775) 884-4567.**

**The day before the procedure: \_\_\_\_/\_\_\_\_/\_\_\_\_**

- **You must start a CLEAR LIQUID DIET at 8:00pm.**
- **NO RED, PURPLE, OR GREEN COLORED CLEAR LIQUIDS**
- **NO SOLID FOODS, COFFEE, DARK COLAS, MILK OR MILK PRODUCTS ALLOWED**
- **NO ALCOHOL**
- Take all your normal prescription medications unless advised otherwise.
- Clear liquids allowed: water, clear fruit juices, soft drinks, strained soups and bouillon, Jello-O, Popsicles, black coffee or tea and Lifesavers.

**The day of the procedure: \_\_\_\_/\_\_\_\_/\_\_\_\_**

- **DO NOT EAT ANYTHING!**
- You may have small amounts of clear liquids such as water, clear sodas, clear fruit juices and bouillon.
- **YOU MUST HAVE NOTHING BY MOUTH THREE (3) HOURS BEFORE THE PROCEDURE**
- Take your usual AM medications (high blood pressure medication, etc. (up to three (3) hours before the procedure with small sips of water.